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Wreck This Journal (Red) Expanded Ed.



Synopsis

Special limited red mesh cover edition of the internationally bestselling phenomenon with over 7 million copies sold! Paint, poke, create, destroy, and wreck to create a journal as unique as you are! For anyone who's ever had trouble starting, keeping, or finishing a journal or sketchbook comes this expanded edition of *Wreck This Journal*, a subversive illustrated book that challenges readers to muster up their best mistake- and mess-making abilities to fill the pages of the book or destroy them. Through a series of creative and quirky prompts, acclaimed guerilla artist Keri Smith encourages journalers to engage in destructive acts: poking holes through pages, adding photos and defacing them, painting pages with coffee, coloring outside the lines, and more in order to experience the true creative process. With Smith's unique sensibility, readers are introduced to a new way of art- and journal-making, discovering novel ways to escape the fear of the blank page and fully engage in the creative process. To create is to destroy. Happy wrecking!

Book Information

Diary: 224 pages

Publisher: Penguin Books; Csm Exp edition (August 7, 2012)

Language: English

ISBN-10: 0399162720

ISBN-13: 978-0399162725

Product Dimensions: 5.5 x 0.7 x 8.2 inches

Shipping Weight: 10.6 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars 1,264 customer reviews

Best Sellers Rank: #4,883 in Books (See Top 100 in Books) #3 in Books > Crafts, Hobbies & Home > Crafts & Hobbies > Reference #6 in Books > Self-Help > Journal Writing #10 in Books > Self-Help > Art Therapy & Relaxation

Customer Reviews

Praise for *Wreck This Journal* "Wreck This Journal encourages you to stop fretting about quality and start relishing the artistic process." "Oprah.com" "I love this book and the playful way that Keri Smith teaches people the act of creating by putting you right on the spot. *Wreck This Journal* is a fun, interactive book that you will want to work in every day. To create is to destroy, and this book delivers." "D*I*Y Planner" "No matter where you start or where you end, there's always something interesting to do. . . . The book is an exploration into creativity." "Buffalo News" "The ideal gift for artistic minded people, or not, for that matter, as what I love about this

book is that there is no right or wrong. Neat, messy, colorful, dark, you can wreck however you want. • "Hawwa, etc. I've kept journals before, but have never written in them as frequently as I write in my *Wreck This Journal*. It is great for inspiration; it gives you tasks that are thought-provoking rather than pages of endless blank lines. It is a great way to pass the time and a great gift for anyone, no matter how young or old. • "Teen Ink *Wreck this Journal* makes a great gift for someone who's going through a stressful time, needs a form of release, or anyone who could use a few minutes of fun. • "Jactionary *Wreck This Journal* encourages you to experiment and have fun. . . . Flip to any page in the book and you will find a prompt: fun prompts, destructive prompts, creative prompts to help your creative juices flow. • "Craft Critique *Calling all bookworms and creative doodlers, Wreck This Journal* is the perfect book to spruce up your summer. . . . It's a wonderful stress reliever and brings out the inner childish behavior we are so often told to get over. You won't be disappointed. • "Kristine Marie Babauta, *Marianas Variety* Praise for Keri Smith *Keri Smith may well be the self-help guru this DIY generation deserves.* • "The Believer *A conceptual artist and author luring kids into questioning the world and appreciating every smell, texture and mystery in it.* • "TIME Magazine

Keri Smith is a bestselling author, illustrator, and thinker. Her books include *Wreck This Journal*, *The Wander Society*, *This is Not a Book*, *How to Be an Explorer of the World*, *Mess, Finish This Book*, *The Pocket Scavenger*, *Wreck This Journal Everywhere*, *Everything Is Connected*, and *The Imaginary World of...* as well as *Wreck This App*, *This is Not an App*, and the *Pocket Scavenger* app. She enjoys spending time with her husband, experimental musician Jefferson Pitcher, and two children.

This book both gives me anxiety and relieves it in a childlike way. I'm an avid reader and my books are my prized possessions. So when the first page told me to crack the spine, I nearly cried as I bent the book in half backward. But when I heard that spine crack it was like my shell cracked and I was free from the chains of all of my books. Somewhere in the book you will find a page that tells you to attach a string to the spine of the book and swing wildly. I recommend clearing the room of all living creatures and breakables. I think my little sister might still have a bump. But otherwise, this book was a fantastic experience and I recommend it for all ages. I am 24 and this is a fantastic stress reliever.

My 12 year old loves this crazy thing!!!

Fun little book. I had fun going through pages and "destroying" things. I even mailed the book to myself but was a bit disappointed that it wasn't ruined at all.

I bought this for a friend, she is a 20 year old female. It turns out she had multiple others by the same author with the same premise so she loved it and has been doing some of the activities for a few days. It is a good way to step out of your box and do things that you wouldn't normally do and you might constantly find your self saying "no I can't do that" or "I'm really supposed to do that" or "what does that mean, I'm really supposed to do that." It is all open to interpretation and allows people to do stuff out of their comfort zone and feel creative without trying to fit within boundaries. I look forward to seeing what the finished book will look like.

I got this for my friend, she is a huge book reader and perfectionist. Ha, this will push her buttons.

Loved my wreck this journal. I'm 17 years old, and had to go on vacation in a couple weeks so I was looking up things to do while I was bored. I came across this book, read some reviews, then ordered it. I fell I love with it. I'm not very creative myself, but I decided to give it a go. I'm actually doing pretty good. I've showed this book to so many people and they've said that they wanted to try it, and that it looked exciting. I would recommend this to anyone. Creative or not. Give it to someone as a gift or you can even buy it for yourself. I bet you'll like it!!!

My 9 yr old was so happy to get this journal! She loves being free to do whatever she wants to it!!

This is such a fun journal. There are so many things to do with it each time I pick it up and open it. I am a librarian so let me tell you, when I first opened it up and read the first instruction, my hand flew to my mouth and I was SHOCKED. To ask me to stand on the book, to use the pages as a napkin, to tear pages in strips was so very hard for me. It goes against everything I know. But, after getting past that, it is actually therapeutic. Somewhat relaxing even. I plan on getting others in this group as well. It is never very far from me.

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